



LAKIREDDY BALI REDDY COLLEGE OF ENGINEERING

(Autonomous)

(Accredited By NAAC and NBA, ISO 9001:2015 Certified Institution
Affiliated to JNTUK)



NSS UNIT

Programme Name : International Yoga Diwas

Date : 21-06-2018

Brief Report

An “International Yoga Diwas” was celebrated by the NSS Unit, in LBRCE on 21st June, 2018. This programme was planned in a way to bring in awareness among the students, the faculty and the staff of LBRCE. The programme was initiated ceremoniously by lighting the lamp by Dr.K.Appa Rao, the Principal of LBRCE. He also gave an insightful speech on the need of Yoga in day to day living. The Yoga teacher Mr.J. Ramalingswara Rao spoke extensively on different Asanas and their importance while demonstrating them. The volunteers along with Dr.P. Ashok Reddy, Programme Officer, NSS Unit, LBRCE, and a few faculties went on a procession showing placards and voicing slogans along all the roads and lanes in the nearby village. The staff, faculty and the students got trained.

Snap Shots of the Program



Students performing Yogasanas



Students performing Yogasanas



Mr.J. Ramalingswara Rao, College Yoga Faculty demonstrating the yogasanas



(Dr.P. ASHOK REDDY)
NSS Program Officer

(Dr.K.APPA RAO)
Principal